

# SUMMARY OF PRODUCT CHARACTERISTICS

## 1 NAME OF THE MEDICINAL PRODUCT

Vicks Inhaler

## 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

### ACTIVE INGREDIENTS

	mg/inhaler	Specification
Menthol	125.00	EP
Camphor	50.00	EP
Siberian Pine Needle Oil	10.00	FP

## 3 PHARMACEUTICAL FORM

Nasal stick; for nasal use.

## 4 CLINICAL PARTICULARS

### 4.1 Therapeutic indications

The relief of nasal congestion associated with allergic and infectious upper respiratory tract disorders.

### 4.2 Posology and method of administration

Adults and children over 6 years: Vicks Inhaler is used by inserting the inhaler into each nostril, holding the other nostril closed and inhaling deeply.

It can be used as frequently as needed.

Children under 6 years: Not recommended.

### 4.3 Contraindications

Use in patients hypersensitive to any of the ingredients.

### 4.4 Special warnings and precautions for use

If symptoms persist consult your doctor.

#### **4.5 Interaction with other medicinal products and other forms of interaction**

None known.

#### **4.6 Pregnancy and lactation**

No effects during pregnancy are anticipated, since systematic exposure to Menthol, Camphor and Siberian Pine Needle Oil is negligible. Vicks Inhaler can be used during pregnancy.

#### **4.7 Effects on ability to drive and use machines**

None.

#### **4.8 Undesirable effects**

In general no serious or severe side effects are expected with this product.

Very rarely cases of nasal discomfort have been reported.

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard).

#### **4.9 Overdose**

**Symptoms:** No clinically significant cases of overdose have been reported.

**Management of an overdose:** None

### **5 PHARMACOLOGICAL PROPERTIES**

#### **5.1 Pharmacodynamic properties**

Menthol, Camphor and Siberian Pine Needle Oil act locally in the respiratory tract.

#### **5.2 Pharmacokinetic properties**

The product exerts its action locally; little or no absorption is expected to occur.

**5.3 Preclinical safety data**

Not applicable.

**6 PHARMACEUTICAL PARTICULARS**

**6.1 List of excipients**

Methyl salicylate

**6.2 Incompatibilities**

None.

**6.3 Shelf life**

36 months.

**6.4 Special precautions for storage**

Do not store above 25°C.

**6.5 Nature and contents of container**

A cellulose wick soaked in medication enclosed in a plastic holder with a plastic wick.

**6.6 Special precautions for disposal**

None.

**7 MARKETING AUTHORISATION HOLDER**

Procter & Gamble (Health & Beauty Care) Limited  
The Heights  
Brooklands  
Weybridge  
Surrey  
KT13 0XP  
UK

**8 MARKETING AUTHORISATION NUMBER**

PL 00129/5009R

**9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

14/06/2004

**10 DATE OF REVISION OF THE TEXT**

25/10/2016